



Team: Foundation Stage

Spring 1 2026

### Overview of this Term

During Spring 1, we are going to be explorers, travelling all around the world learning about lots of different countries. We will start off our exciting adventure with an airport experience day, then our first stop will be Italy and making pizza! We will then go on to visit: Pakistan, China, Kenya and finish with the Arctic. We will be exploring culture and traditions in each country as well as exploring and comparing our life in the UK.

### Communication and Language

During this term the children will continue to develop their communication skills and we will start to explore how to speak using more complex sentences. We will continue to explore lots of stories, including acting them out. We will also continue to sing lots of songs and rhymes.

### Physical Development

In PE this term we will be completing a unit of dance, we will explore with lots of different movements to music. We will also look at traditional dances in the countries that we are going to visit. This unit will help us to develop our coordination and balance. We will also be completing a range of fine motor activities through play as well as using our outdoor area for our gross motor development and our core exercises.

### Partnerships with Parents

Our newsletters will continue, look out for them at the end of each month! Remember to look in your children's reading folder regularly as we often put letters or important information as well as any additional optional activities for you to do with your child. If you have anything you would like to teach or share with the children from the countries we are exploring, please let a member of the team know, we would love to have you! As always if you ever have any questions or want to speak to Miss Pilbeam, either speak to a member of staff on the door at pick up and drop off or you can email the office.



## We Are Explorers



### Literacy



The children will continue in their own Read Write Inc groups for phonics lessons, the children will be learning set 1 single letter sounds and special friends (ch, th, sh etc). Please look in your child's reading folder for any additional information related to their individual reading journey. All children are receiving reading books suitable to where they are on their reading journey, we thank you in your support and engagement with this. In Literacy we will continue to use drawing club to help us do lots of super writing, we will now start to write short captions using CVC words.

### Mathematics

We have now learnt in depth about the numbers to 5 and we will start spring 1 by looking at 0 and what this means. We will then recap our numbers to 5 increasing our confidence in composition and finding one more and one less before moving onto exploring the numbers 6, 7 and 8. We will also explore mass and capacity.



### Key Information



- Your child must bring a named bottle of water into school each day.
- Please ensure each piece of your child's uniform has their name clearly labelled.
- Please ensure your child has a jumper and a coat in school every day.
- Long hair should be tied back.
- PE lessons are on Monday. Please could your child come to school dressed in PE kit and suitable footwear. This half term we will be removing shoes or socks for PE, please practice with your child if they are not yet doing this independently.
- Please bring in your child's reading books every day, these will be changed once a week.

### Understanding the World

Our Understanding the World carpet times will mainly focus on each country we are going to explore, looking at culture, traditions, food and life in those countries and comparing them to the UK. This term we will also be looking at Winter and seasonal changes as well as forces such as push and pull. As always we welcome any opportunity to follow the child's interest so if you or your child ever wants to share learning with the class, please speak to a member of staff.

### Personal, Social and Emotional Development

During Spring 1 we will be revisiting our learning related to our consent curriculum and social skills. In Jigsaw carpet sessions we will be learning about 'Dreams and Goals', exploring what it means to set goals and overcome challenges along the way.

### Expressive Arts and Design

Children will have daily opportunities to express themselves creatively. During free-flow time they will be able to choose from a variety of resources such as paint, junk modelling, collage and drawing materials. We will also be exploring traditional art from the countries we are exploring, such as truck art such as Truck Art in Pakistan.