

Beechwood Primary School Ambleside Close Woodley Reading Berkshire RG5 4JJ Telephone: 0118 9695976 Email:office-beechwood@fraysacademytrust.org



# Know Yourself, Grow Yourself

Dear Parents and Guardians,

Next week is Children's Mental Health Week and this year's theme is **Know Yourself, Grow Yourself.** This year, Place2Be's Children's Mental Health Week 2025 is joining forces with Here4You to explore the importance of self-awareness and expressing emotions.

Here4You is supported by The Walt Disney Company, and through the characters of Pixar's *Inside Out* and *Inside Out 2*, the resources encourage children and young people to discover how getting to know who they are can help them build resilience, grow and develop.

It is so important for children to understand what makes them tick, their likes and dislikes, strengths, fears, hopes and dreams. Their emotions play a key role in telling them just that, and being aware of how to listen to and express themselves is a major part of building self-awareness. It is through knowing themselves and speaking with others, that they can build resilience.

On Monday we will be sharing the Places2Be Children's Mental Health week assembly with the children which will then be followed across the week by activities and learning linked to Know Yourself Grow Yourself.

Kind regards,

Miss S E Hunter, Headteacher



## Wednesday 29th January 2025

# NOTICEBOARD

#### ATTENDANCE AWARD:

The class with the best attendance across the whole school last week was Badgers with 96.8%. Well done badgers



#### LOWER SCHOOL BOOKWORMS:

Well done to Foxes and Robins who were joint top bookworms this week.



#### SCHOOL LUNCH PAYMENT:

Please ensure your Parentpay school dinner account is kept in credit, we are seeing increasing numbers of lunch accounts in debt.

If your lunch account is more than £30.00 in debt your child will not be able to have school dinners until this balance is reduced and you will be asked to bring in a packed lunch from home. If you think you may be entitled to claim Free School Meals please contact the office for an application form.

#### SCHOOL CAR PARK:

We would like to remind parents/guardians that the school car park is for **STAFF ONLY**, it should only be used by parents/guardians with prior agreement from Miss Hunter and blue badge holders, for dropping off and picking up children (only).

Please do not tailgate cars into the car park as we cannot guarantee the gates will remain open as you come through.



### **Attendance**

Our minimum attendance target is 96.5%. Please help us to ensure your child receives the best education by attending school regularly and being on time.

<u>Star Pupils -w/c 20/01/25</u>

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Butterflies— Maryam Robins— Kyla-Rae & Reggie Hedgehogs— Polina & Jackson Badgers— Charlotte Foxes— Kuvasthihaa Woodpeckers— Josh Owls— Arthur Kites— Gagandeep Falcons— Amjad Hawks— Bear Eagles— Nishkkalaa

<u>Well done to all of our</u> <u>Stars!</u> Our whole school attendance for last week was 91.5% which is disappointingly well below our target.

#### Over the last week at Beechwood.....

Foundation Stage have been learning all about China this week and The Lunar New Year. We have loved learning about the story of The Great Race, and have done some super writing about the story as well as acting it out. In maths they have started learning all about the number 6 and will soon be moving onto the number 7.

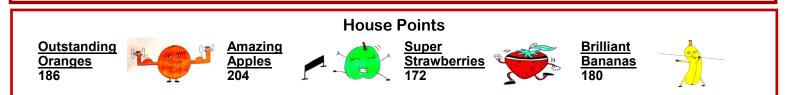
Year 1 have been learning about recounts features in english to prepare us for writing a recount about our school trip next week. In science we have been looking at properties of materials. In art we have learnt about the work of Sculptor, Barbara Hepworth. In maths we have been comparing numbers to 20.

Year 2 and 3 have been using the ipads this week to research facts about different animals in the rainforest and then used this information to write a fact file. In maths year 3 divided double digits by one and in year 2 we looked at making equal groups of objects. In science we looked at the requirements plants needed to grow and in geography we learned about the natural resources we get from the rainforests.

Year 4 have worked hard this week in all subjects. We have had the company Bright Sparks in who provided a science workshop all about states of matter. We made worms, clouds in a bottle, elephants' toothpaste and crystals. We have continued our learning on the Anglo Saxons and have learnt that there were 7 kingdoms each ruled by a different leader. We designed our own shields and decided which kingdom we were part of.

Year 5 have started a new topic in english this week, looking at suspense writing. In maths they have begun looking at fractions. They have also been having some fantastic discussions in geography about why rivers are important and how our actions can affect their ecosystems. Finally, in science they have looked at evaporation and filtering as a way of separating materials.

Year 6 are eagerly learning about climate change in geography and have explored the quantity of carbon emissions various food production causes; we have linked our learning to our writing as we have started our unit on persuasion and have been using facts to support our opinions. In maths, we have started our unit on algebra and used function machines to identify rules to calculate unknown values. We have had fun participating in 70s disco dancing in PE and in PSHE we have worked together as a team to develop a project plan to raise money for a charity.



Congratulations to Amazing Apples for collecting the most house points last week!

#### Dates for your diary:

Monday 3rd February– Friday 7th February Wednesday 5th February Monday 10th–Friday 14th February Tuesday 11th February Wednesday 12th February

Monday 17th—Friday 21st February

Monday 24th—Friday 28th February Wednesday 12th March

Friday 14th March Monday 17th—Friday 21st March Tuesday 18th March Friday 21st March Sunday 23rd March Monday 24th March Wednesday 26th March Tuesday 1st April Wednesday 2nd April Friday 4th April

- Children's Mental Health Week
- SEND Coffee Morning-9.45-10.30am
- Year 6 Bikeability
- Safer Internet Day
- Year 5 Bake Off @ Bulmershe NEW
- Half Term
- Year 6 Mock SATS
- Year 2 Library Visit NEW
- Kites Class Assembly
- FS Library Visit <u>NEW</u>
- Year 5 Bikeability <u>NEW</u>
- Year 1 Library Visit <u>NEW</u>
- SEND Coffee Morning—9.45-10.30am
- WASMA Concert @ Hexagon NEW
- Parents Evening (In Person) 3.30-6.00pm <u>DETAILS TO FOLLOW</u>
- Parents Evening (In Person) 3.30-6.00pm <u>DETAILS TO FOLLOW</u>
- Easter Church Service for Years 4-6, 1-3pm <u>NEW</u>
- Foxes Class Assembly
- End of Term—1.15pm